

The **Meals on Wheels** program is always looking for volunteers to expand its coverage in Bloomfield. Our growth is limited only by the number of volunteers available. If you have a car, a valid driver's license, and two hours a month, you are needed. Help spread the word to friends and neighbors to keep this vital service flourishing in Bloomfield.



**Please call the
Senior Services Department
for more information**

860-243-8361



SCAN ME!



**Town of Bloomfield
Senior Services**

MEALS-ON-WHEELS



*In Operation
Since November 1972*

Meals on Wheels is a volunteer program of meal delivery for people who have difficulty obtaining or preparing meals for themselves.



Each delivery consists of one hot meal and one cold meal, including beverages. Meals are available Monday through Friday, 52 weeks a year, including holidays. Weekend meals are delivered on Fridays. Meals are delivered between 12:00 p.m. and 2:00 p.m.

Meals are picked up at the preparation sites each day and brought to the Senior Center. A corps of volunteers then take over to deliver throughout the town. The volunteer is a communication link and friendly visitor to those who often have no other daily contact outside their home.



MEALS-ON-WHEELS is a service enabling citizens to maintain independence in their own homes and environment. Clients over 55 may be referred by clergy, physicians, hospitals, health and social agencies. Friends and relatives may also make a recommendation for meals. This recommendation must be accompanied by a written physician referral. Recipients aged 18-55 *must* be referred by a physician.

Volunteers are sensitive, caring people whose rewards are many, ranging from a friendly smile to helping save a life.



Upon enrollment as either a recipient or a volunteer, a Senior Services representative will be there to guide you through the program.

